



# TOLTEN WOLF

INTERNATIONAL OPEN WATER MARATHON 13.5K

**KIDS 500MTS + 2K SWIMMING**



TOLTEN WOLF

2020

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# RUTA NUEVA TOLTEN - LA BARRA

The general route will be 13.5 kilometers of swimming, Nueva Toltén - Caleta La Barra



**KIDS 500MTS / 2K SWIMMING** will take place in Caleta la Barra

We thank you in advance for your participation, thank you for believing in our challenge and we look forward to Exceed your expectations and make this meeting an unforgettable experience. We recommend hydrating very well, eating a lot the day before. Rest what is necessary, and even more important, believe in yourself, you are an incredible human being and will achieve your goals, in advance the team wishes you the best , all the success in the world, and of course you arrive in perfect conditions to our event, a huge hug and see you in January, to fulfill this amazing dream together.

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# RULES AND GENERAL INFORMATION

January 18<sup>th</sup> 2020



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01.- TOLTEN WOLF INTERNATIONAL OPEN WATER MARATHON 2020, is a high-level individual swimming test, that consists of swimming a distance of 13.5 kilometers downstream, the route to swim is from Nueva Toltén town to Caleta La Barra, where the union between the river and the Pacific Ocean is appreciated, the event does not belong to any federation, but it follows the technical rules of the Chilean and international swimming federation.

02.- The challenge is organized by Patricio Saavedra and Jonathan Jiménez, also backed by the municipal authorities of the Commune of Nueva Toltén, with the mission of establishing and promoting open water swimming competitions in Chile and the region.

03.- The activity is open to any swimmer who has done trainings of more than 2000 meters, or active member of a master or youth swimming club, as well as children's categories, ideal for swimmers, triathletes, amateurs and professionals of both genders, from 7 years of age and up to more than 65 years, national or international, that meet the technical standards of physical fitness and organic endurance necessary to accomplish this challenge.

04.- Categories and Distance of men and women. The age of the competitor will be determined by December 31, 2020, following the rules of the international FINA swimming federation.

## MARATHON 13.5K

- Categoría 1° - 13-18 years
- Categoría 2° - 19-24 years
- Categoría 3° - 25-29 years
- Categoría 4° - 30-34 years
- Categoría 5° - 35- 39 years
- Categoría 6° - 40-44 years
- Categoría 7° - 45-49 years
- Categoría 8° - 50-54 years
- Categoría 9° - 55-59 years
- Categoría 10° - 60-64 years
- Categoría 11° - 65+ years

## 2K SWIMMING

- Categoría 1° - 12-14 years
- Categoría 2° - 15-18 years
- Categoría 3° - 19-29 years
- Categoría 4° - 30-39 years
- Categoría 5° - 40-49 years
- Categoría 6° - 50- 59 years
- Categoría 7° - 60+ years

## KIDS 500MTS

- Categoría 1° - 07-08 years
- Categoría 2° - 09-10 years
- Categoría 3° - 11-12 years
- Categoría 4° - 13-15 years

05.- Awards.

- |  |  |
|--|--|
| a. 500mts Kids, 2k swimming and 13.5K Marathon | Finisher Medal   |
| b. Men per category                            | 1st, 2nd and 3rd Place medal                                       |
| c. Ladies per category                         | 1st, 2nd and 3rd Place medal                                       |
| d. General Champion Special Medal              | 1st Male and 1st Lady who crosses the .<br>finish line in general. |
| e. Swimming Club award                         | 1st, 2nd and 3rd Place award                                       |

06.- All competitors, who due to physical exhaustion or other cause, do not finish the test, in the official results they will appear as DNF (did not finish).

07.- All the competitors that leave the trajectory momentarily, must be integrated in the same place they sopped.

08.- All competitors that do not complete the 100% of the route are automatically out of the classification process.

09.- Standing at the bottom during the race will not disqualify a swimmer but they will not be able to walk, jump, run, you can touch a boat but not be driven, directed, or helped in any way by it to get faster to the finish line.

10.- There will be a supply of liquids, proteins and nutrients in each kayak, zodiac or boat that the participant can use as an option, you can raise the arm in case he needs it.

11.- Each swimmer must wear the official swimming cap of the race delivered by the organizers.

12.- Wetsuits (not mandatory) wetsuits are allowed up to 23° of water temperature, and swimming goggles, not any article or chemical that allows an unfair advantage in propulsion and performance In general, you can therefore swim with or without a suit.

13.- Nudist acts are not allowed, as well as the conscious and deliberate blocking of the passage to another competitor in any segment of the event.



TOLTEN WOLF

2020



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14.- Each competitor may display advertising of their sponsors avoiding minimizing or covering the competition number of the sponsors and official organizers of the event.

15.- Each swimmer who withdraws from the competition must report his situation as soon as possible to the nearest checkpoint.

16.- No swimmer may resort to the use of chemical substances that allow an unfair advantage. The only acceptable thing for the organizers is the consistent and conscientious training, fair play, respect for others and for your own health, maintaining the utmost consideration and respect with the support staff and judges. Failure to comply with this rule will mean the immediate elimination of the race and registration for future events that are scheduled.

17.- There will be medical assistance, rescue personnel, lifeguards and support personnel in the boats arranged by the organization who will evacuate the competitors in emergency and transfer them to the nearest medical establishment.

18.- The event is supported in security by the following organizations:

- Organization staff (TOLTEN TOURISM)
- Organization staff (SERNATOUR)
- Municipality of Toltén
- Zodiac boats with boat pattern, certified diver
- Multiple Chilean Fire Companies with national high-level water rescue team
- Chilean police
- Chilean navy team
- Volunteer staff - Kayaks - Motor boats - Jet skis
- Medical Staff - Paramedic - Doctor - Ambulance
- Therapeutic Staff / kinesiologist / Massage



19.- In extreme situations such as heavy rain storm, winds over 60 k / h, hail of great volume and intensity, snow and severe electrical activity, critical electromagnetic radiation, lahars in development, avalanches, earthquake or tsunami with energy release on 7.5 Richter, and impacts or explosion of meteorites, or any other circumstance that endangers the lives of competitors, the event will be immediately suspended, proceeding to evacuation according to the security routes of the area and protocol, determined by the competent authorities and the ground rescue and security teams deployed in the area of competence.

20.- Considering the above and if the environmental conditions allow it, the event will be held in a sector called QUINTA, which is a large space available for all participants to park, leave their vehicles and can change clothes and prepare for the challenge to then make the start from the Nueva Toltén Ferry area.

21.- There will be space to park your vehicles a few meters from the starting area, ensure your parking arriving early or in time, as it may be full at the time of your arrival.

22.- Time will be digitally timed through anklets and other support technologies 13.5K Marathon, 2k swimming and Kids 500mts.

23.- The general information of the race will be delivered on time before the start: environmental conditions, water temperature, currents, medical assistance areas, route orientation, depth and supply, or any modification of distances, areas of risks and escape.

24.- The departure will be given with a whistle, horn or bell according to the program established by the organization and the route will be marked every one kilometer.

25.- The judges of arrival will take the times and positions of all the competitors in each one of the categories naming them and registering them in the blackboards of results.

26.- There will be photographic, audiovisual records of the competitors, as well as interviews and will be publicly available on sites such as, Facebook or Instagram and [www.toltenwolf.cl](http://www.toltenwolf.cl).

27.- The coaches, journalists and the general public can accompany the swimmers and can do so from fixed positions in the water away from the competition track avoiding hindering the progress and visibility of the route to the competitors. These may not help or direct the competitor as it goes against the rules of the event and fair play.





TOLTEN WOLF

2020

28.- All aggressive acts that defile the honor and respect of other competitors, judges and spectators, whether physical or moral, will mean the elimination of the competence of the person who commits them and their registration will not be accepted in the next version.

29.- There will be custody buses which will keep your personal belongings safe, such as money, car keys, change clothes, slippers, and any item of value or that you need when arriving at Caleta la barra, so you can change your clothes and be as comfortable as possible to enjoy the food and post-race show.

30.- A complimentary full lunch will be delivered free of charge to each competitor by the organizers.

31.- An street fair will be held at the goal of the race offering various meals, culture, music, games, entertainment for the general public, gifts, surprises and many more surprises.

32.- There will be transportation back for all participants to Nueva Toltén as a courtesy, however, take precautions and if you have your own transportation, use it, as it may be more comfortable considering the number of participants.

33.- Finally, as organizers, sports and tourism lovers, we commit ourselves with all National and foreign athletes to make this race the most welcoming and professional possible for you to enjoy and remember our competition as one of the most memorable and unique , so you return every year to a new challenge and create unforgettable moments together.

#### RESPONSIBILITIES AND OBLIGATIONS.

A. The Organization, promoters and sponsors are not responsible for theft / theft and damage of equipment and / or other element of the competitors or for any trauma and / or injury to athletes and assistants caused by accidents during training or competition.

B. It is the responsibility of each participant:

- Have medical insurance in case of an accident. The medical teams that support the event will only provide first aid and the routing of the accident to a nearest hospital. From there your responsibility ends. Hospital expenses will be borne by the injured party.
- Ensure the good image of the test and the preservation of nature

## SCHEDULE

We will begin to welcome people at 08:00 am, (LA QUINTA area) at the town's entrance, the route will be signposted and there will be people in charge, STAFF directing people as soon as you arrive in Nueva Tolten, here the arrival will be registered, competitor number, Competitor's kit, and custody bus assignment, After 9:30 am to 10:00 am orientation talk will be held regarding the challenge route.

START 13.5K TOLTÉN RIVER FERRY / heating 10:30 am, departure: 11 am, KIDS and 2K will be in Caleta la barra at 12 hours. The schedule could change depending on the tide, it will be informed in advance so you can plan your trip in the best way possible.

Dream big, make the impossible possible, always swim because the only impossible is what you have not tried.



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